Max-Well™

Offering Solutions for Maximum Wellness

Ionic Sea Minerals Electrolyte Drink Mixes

Pure Ocean-Derived Hydration in Liquid and Powder Form

Unlock the Power of Sea Mineral Electrolytes

Electrolytes are minerals in your blood and body fluids that carry an electric charge. They regulate hydration, blood pH, muscle function, and nerve impulses, directly supporting your heart, brain, and every major organ. You lose electrolytes through sweat and bodily functions, making replenishment essential for optimal health.

Why Choose Ionic Sea Minerals?

Max-Well's Ionic Sea Minerals Electrolyte Drink Mix and Ionic Sea Minerals Scoopable Electrolyte Drink Mix are crafted from pure, concentrated ocean water—nothing else. We condense 100 gallons of ocean water down to one gallon, removing approximately 99% of sodium to create a low-sodium, ultra-dense blend of magnesium, potassium, and other trace minerals that mirror the mineral profile of blood plasma. Available in liquid or powder form, it's a natural, effective way to stay hydrated and energized.

Key Benefits of Electrolytes

- Helps to prevent dehydration, reduces exercise-induced headaches, and helps avoid muscle cramps. I always used to get headaches when exercising and sweating hard. Conventional electrolyte drinks helped diminish the headaches, but didn't get rid of them. The electrolytes in Ionic Sea Minerals prevented the dehydration, and the headaches it brought on. Preventing dehydration means these electrolytes also help prevent cramping from dehydration.
- Magnesium supports healthy digestion, promotes regular bowel movements, and may aid bone health, energy levels, sleep quality, and joint comfort (both the Max-Well liquid and powder mixes contain 80% RDA of magnesium).
- Electrolytes potentially improve stamina and energy, mental clarity, skin health, and stress management.

Additional Benefits of Magnesium and Trace Minerals

- Digestive Health: Magnesium in our liquid Ionic Sea Minerals acts as a natural osmotic laxative, promoting softer stools and regular bowel movements.
- Sleep and Relaxation: May promote restful sleep and muscle relaxation when taken before bed, potentially reducing leg cramps.
- Joint and Bone Support: Helps maintain the balance of magnesium and calcium to reduce calcium deposits in joints and kidneys.

Liquid vs. Powder: Which Is Right for You?

- Ionic Sea Minerals Electrolyte Drink Mix (liquid): Offers a potent serving that saves money but has a stronger taste. Ideal for those seeking maximum mineral density and regularity from the magnesium.
- Ionic Sea Minerals Scoopable Electrolyte Drink Mix (powder): Provides a milder flavor and convenient mixing.

Sizes Available

- Ionic Sea Minerals Electrolyte Drink Mix (liquid): 8 oz, quart, or gallon bottles
- Ionic Sea Minerals Scoopable Drink Mix (powder): 60-serving jar

Two Easy Ways to Enjoy Ionic Sea Minerals

1. Sports Drink: Replace sugary sports drinks with our mix for hydration during workouts. Try Paul's recipe:
   - 2-3 quarts filtered water or naturally sweetened, low glycemic lemonade mix
   - 2 tsp Ionic Sea Minerals Electrolyte Drink Mix
   - ½ tsp sea salt
2. Mix Ionic Sea Minerals with your favorite beverage—water, juice, or lemonade—following the label's directions to mix the correct ratio.

Cautions

- Start with half a serving of Max-Well's Electrolyte Drink Mix for a few days to allow your body to adjust.
- If you experience digestive discomfort, dilute further, or take with food.
- Contains trace iodine and other ocean minerals. Use cautiously if allergic to any minerals.
- Consult a doctor before use if you have kidney disease, as impaired kidney function may not filter out magnesium, risking toxicity.

Storage Tips

- Store at room temperature; do not refrigerate.
- Keep powder jar closed with the silica packet inside to prevent the sea mineral powder from absorbing moisture.

Ingredients

Max-Well's Ionic Sea Minerals Electrolyte Drink Mix and Ionic Sea Minerals Scoopable Electrolyte Drink Mix are made of pure concentrated ocean water, naturally low in sodium, containing magnesium, potassium, and trace minerals, including iodine, zinc, and selenium. No additives or preservatives.

Nobel Prize winner Linus Pauling stated, *"Every disease, illness, and sickness can be traced to a mineral deficiency."* Max-Well's Ionic Sea Minerals Electrolyte Drink Mixes deliver a full spectrum of trace minerals. Consider pairing them with Max-Well's Ocean Treasure seaweed blend for an immune system boost and phytonutrient benefits!